



EUROPÄISCHE SCHULE FRANKFURT AM MAIN • Praunheimer Weg 126 • D-60439 Frankfurt



Allergy Awareness Policy

October 2024

Allergy Awareness

The health and well-being of our pupils is our top priority. Given the increasing number of allergies in our society, it is important that we as a school take steps to prevent or minimise allergic reactions in our pupils. This Allergy Awareness Policy aims to ensure that our primary school provides a safe environment for all pupils, regardless of their individual allergies. By raising the awareness of teaching staff, adhering to hygiene measures, and paying attention to the individual needs of affected pupils, we can, in cooperation with parents, minimise allergic reactions and ensure the well-being of all. Co-operation between nurses, class teachers, parents and pupils is crucial to achieving this goal.

Information exchange: The nurse acts as the main point of contact for all questions relating to allergies. She will ask parents to provide information about their children's known allergies. Parents are encouraged to proactively seek dialogue with the nurses. This information will be treated confidentially and only shared with the teachers concerned.

LIST-FRF-NURSES@eursc.eu

Passing on information: The class teachers receive a list from the nurse with the names of pupils who suffer from serious, life-threatening allergies. This list will be kept confidential and may only be used for internal use. If necessary, the nurses display photos of the children in the staff room so that the entire school staff is aware in the event of an emergency.

Hygiene: Class teachers ensure that pupils wash their hands regularly, especially before eating. They encourage the children to consciously deal with the topic of hygiene and explain the importance of washing their hands to avoid allergic reactions.

Meal rules: Class teachers explain to pupils that they are not allowed to share the food they have brought with them. This is to minimise the risk of allergic reactions in other children. They encourage pupils to be considerate of their classmates and to respect their individual needs.

Celebrations at school: Parents of children with allergies should discuss with the class teacher what needs to be considered when celebrating at school.

Canteen: Parents can book special meals for their children that are tailored to the child's needs with an allergen-free meal. Pupils with special dietary requirements are issued with a card by Menüpartner to indicate this.

Emergency measures: Parents are responsible for ensuring that the appropriate medication/epi pen is available at school for affected pupils. All medications must be accompanied by explicit instructions for administration.

These will be stored safely and accessibly in the nurses' room/classroom so that they can be accessed in an emergency.

The school nurses will monitor the expiration dates of epi-pens and other medication.

Class teachers will be informed of the specific emergency procedures for each affected pupil. Teachers can be trained by the nurses in the use of an EpiPen or other medication if required. In the event of an allergic reaction, he/she will call the nurse so that he/she can act quickly and appropriately.

Class teachers will liaise closely with parents and nurses. Parents will inform the nurses as soon as possible of any incidents or changes related to their child's allergies.

School outings/trips. Parents are responsible for contacting the teacher in advance of excursions or class trips to discuss and clarify the child's medical conditions. The medication stored with the nurses can be provided by the nurses during excursions/class trips.



We are an allergy
aware school.