



EUROPÄISCHE SCHULE FRANKFURT AM MAIN • Praunheimer Weg 126 • D-60439 Frankfurt



Hygiene Plan

During and after a Pandemic

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Table of contents

- 1. Personal protective measures3
- 2. Test strategy.....3
- 3. Test recommendation - self-testing in face-to-face classes3
- 4. Procedure in case of positive tests3
- 5. Mouth-nose protection3
- 6. Ventilation and air purification4
- 7. Exemption from participation in face-to-face classes4
- 8. School events and internships4
- 9. Sanitary area4
- 10. Annexes.....4

1. Personal protective measures

The hygiene rules already known and practiced apply, such as observing cough and sneeze etiquette and washing hands regularly. In the case of mild symptoms of illness, such as a cold or scratchy throat, it is recommended that an antigen self-test be performed at home before attending school. If there are clear symptoms of illness, such as fever or chills, it is recommended to avoid school attendance, regardless of whether COVID-19 is suspected.

2. Test strategy

Antigen self-tests are suitable for making infections visible. This can prevent person-to-person transmission of SARS-CoV-2. This is of high importance in close social contacts such as those that occur in schools. Testing is voluntary and occurs in the home environment.

Students, teachers, and other school personnel are strongly encouraged to seclude themselves at home for a period of five days after taking the underlying test in the event of a positive antigen self-test or PCR test.

Seclusion should continue until no symptoms are present for at least 48 hours, but for a maximum of ten days. Even in the case of asymptomatic infection, it is strongly recommended that students voluntarily seclude themselves at home for a period of five days after taking the underlying test. Students who seclude themselves at home in accordance with this recommendation will be excused from attendance requirements during the above periods.

An exemption from attendance classes for the duration of the voluntary segregation requires that the parents or the adult pupils or students or the affected teachers inform the school immediately of the detection of the infection. It is sufficient to declare that the person concerned has tested positive. A medical certificate must be submitted to the school from the third day of absence.

In the event that teachers and other school personnel are unable to work or perform their duties, the general regulations regarding the submission of a certificate of incapacity for work shall apply.

3. Test recommendation - self-testing in face-to-face classes

Mandatory testing at schools has been eliminated.

4. Procedure in case of positive tests

If a child tests positive by rapid antigen test, the school must not be informed any more.

5. Mouth-nose protection

There is no general obligation to wear a mask in schools. However, if an antigen self-test or PCR test is positive, it is strongly recommended to seclude oneself at home for a period of five days after taking the underlying test. Seclusion should continue until no symptoms are present for at least 48 hours.

In principle, it is recommended to wear a mask until there is freedom from symptoms for at least 48 hours. Participation in music and sports practical exercises is optional for affected pupils wearing a mask. This also applies to corresponding practical exercises in the subject of performing arts.

6. Ventilation and air purification

It is still recommended that classrooms be ventilated regularly (after every 20 minutes). This allows fresh air to flow into the room and replace the stale air. All windows must be opened wide for this purpose (shock ventilation). The greater the temperature difference between inside and outside, the more effective the ventilation. Therefore, when the outside temperature is cold in winter, airing for about three to five minutes is sufficient. Care should be taken to close the windows again after airing to avoid unnecessary temperature and energy losses.

7. Exemption from participation in face-to-face classes

As a general rule, students will participate in face-to-face classes. Students who voluntarily go into home seclusion due to a positive coronavirus test result may be excused from attending attendance classes.

8. School events and internships

If school events are held on school premises exclusively with students and other members of the school community, the respective hygiene plan of the school shall apply. The inclusion of persons from outside the school is possible in compliance with the school's hygiene plan.

9. School trips

School trips within Germany and abroad can be carried out in principle. This is still subject to the proviso that infection protection regulations at the level of laws or ordinances or orders by the responsible health authorities permit trips to the destination area. The infection protection regulations at the destination apply. Positively tested students are strongly advised to refrain from participating in school trips lasting several days.

10. Sanitary area

The school provides sufficient liquid soap and disposable towels.

11. Annexes

Hygiene Etiquettes