

## **School Psychologist**

The school psychologist is responsible for the entire school. She offers counselling and support to all pupils from the kindergarten to the secondary school, their parents, teachers, educational staff as well as school administration and management.

### **Scope of duties**

#### **Counselling and support to pupils and their parents in:**

- Problems of the general school life
- Emotional/social problems
- Adaptation problems
- Anxiety (school fear, examination anxiety, social anxiety)
- Depression
- Behavioral problems
- Stress and performance anxiety
- Concentration and motivation problems
- Eating disorders
- Bullying

#### **Counselling and support to teachers and pre-school teachers and assistants through:**

- Discussions and individual counselling
- Observation in the classroom
- Discussions with parents
- Devising of support plans

#### **Work principles**

- ☒ Confidentiality
- ☒ Voluntary nature

#### **The school psychologist works in cooperation with:**

##### **Internally:**

- ☒ the school management, the teachers and other educational staff
- ☒ the Pedagogical advisors and the Counselling team
- ☒ the school nurse and school doctor

##### **Externally:**

- ☒ School counselling centres
- ☒ Clinics
- ☒ Psychotherapists and physicians